

# Tournament Rules

 **All black and brown belts must show respect to others**

## Sparring - Roof Top Rules

 **Time Limit – 2 minutes per match**

 **Tie at end of round – Sudden death/First point wins**

 **Girls spar girls (If there are no girls in their division let them spar once for sportsmanship)**

 **Separate school competitors so they don't fight one another**

 **Cup/Mouth piece ARE required!!**

## Sparring - SCORING Points

 **HANDS – 1 point**

 **KICKS – 1 point**

 **GROIN – 1 point**

 **Full extension arm or kick is ok for kids**

 **Not counted for adults**

 **Kicks must be above the knees to award a point**

 **Sweeps are allowed – Cannot go against joint (You have 3 seconds to score a point)**

## **\*SPARRING\*NOT ALLOWED\***

 **Over head hits to the head**

 **Out of ring warning 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> – 4<sup>th</sup> point is awarded**

 **Two warnings for face contact – 3 is disqualification**

 **Disqualification if blood is drawn in all belts**

 **Control punch to face on lower belts – point will be awarded**

 **Light face contact for brown and black belts**

 **Head gear optional for Black Belts**

# Kata or Form

 **Competitors must be judged on technique, balance, focus and concentration. Not on the karate style or the interpretation within the style.**

 **Keep in mind that different instructors from same styles can teach different.**

## SCORING

<b>White - Yellow - Orange</b>	→	<b>5.5.?</b>	<b>(.? = Decimal point 1 to 9)</b>
<b>Purple - Blue</b>	→	<b>6.5.?</b>	<b>(.? = Decimal point 1 to 9)</b>
<b>Green</b>	→	<b>7.5.?</b>	<b>(.? = Decimal point 1 to 9)</b>
<b>Brown</b>	→	<b>8.5.?</b>	<b>(.? = Decimal point 1 to 9)</b>
<b>Black</b>	→	<b>9.5.?</b>	<b>(.? = Decimal point 1 to 9)</b>

 **In case of a tie take high out**

 **Division under 18 may start form again without penalty**

 **To declare the winner**

 **Repeat the same form under brown**

 **Black belts different form**

# OTHER DIVISION RULES

 **All black and brown belts must show respect to others**

## First timers

 **Report to ring 2**

## Breaking Board Rules

 **1<sup>st</sup> hit out**

 **Continue breaking by stacking other boards**

## Flag sparring

 **One minute rounds**

 **First one to get both flags is winner**

 **If there is a tie add back the flag**

 **Sudden death first flag wins**

## Sword Sparring

 **One minute rounds**

 **First to 10 wins**

 **Highest score at end of timer wins**

## Sword Sparring Points

 **One point for arms and legs**

 **Two points for body**

 **Three points for face, top of head and neck**